



Thammasat University Coronavirus 19 Prevention and Control Task Force Announcement  
on  
Course of Action for Monitoring and Screening of Thammasat University Student and Staff

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Pursuant to the continuous global spread of coronavirus 2019 (COVID-19) in many countries, for the safety of Thammasat University students and staff, the Coronavirus 19 Prevention and Control Committee hereby categorizes the following level of infection risk and approaches for self-protection.

1. High risk contacts, comprising:

1.1 Those with friends or colleagues having met with symptomatic persons infected with coronavirus 2019 and having a history of contact with their respiratory tract secretions or having come into contact with their coughing or sneezing.

1.2 Those within the same community as persons infected with coronavirus 2019 or those within other communities having contact with respiratory tract secretions or coughing or sneezing of persons infected with coronavirus 2019.

1.3 Those with family members, relatives or persons living within the same home who are infected with coronavirus 2019.

1.4 Those having traveled in the same vehicle compartment as persons infected with coronavirus 2019.

**Self-protection courses of action for high risk contacts are as follows.**

1. Refrain from coming to class or to work and carry out a 14 day self-quarantine at home, which will not be counted as leave or absent days from class or from work, and immediately get in touch with the specific disease screening station (former Thai Military Bank building), Thammasat Hospital, tel. 02-696-9019 to make an appointment for examination.
2. Fill out the coronavirus 2019 monitoring report accessible through the attached QR code.
3. Measure body temperature twice a day (morning and evening) for 14 continuous days starting from the day of high risk contact and report the measurement by using the daily report form for Thammasat University students and staff (accessible through the attached QR code). Please clean the hands regularly with alcohol gel or soap and water, particularly before and after touching the face, nose, eyes and mouth.

4. If upon observation of the symptoms and body temperature, there is fever (a body temperature of 37.5 degrees Celsius or more) or if experiencing coughs, running nose, sore throat or shortness of breath, the person is to:
  - 4.1 Urgently arrange to be examined at Thammasat Hospital, tel. 02-926-9995.
  - 4.2 Staff are to inform their agency's superior officer.
  - 4.3 School and university students are to inform their advisors or their faculty's student affairs division or Thammasat University.
5. At the end of the 14 day self-quarantine, the person is requested to report back to work or to classes by contacting the Wellbeing Center, 1<sup>st</sup> floor SC building during office hours.
6. If a high risk contact cannot carry out self-quarantine within his residence, he may contact the Wellbeing Center, 1<sup>st</sup> floor SC building to arrange for a 14 day use of a self-quarantine room through the Property and Sports Management Office.

## 2. Low risk contact comprising:

2.1 Those attending class or working on the same floor/in the same room/in the same department as an asymptomatic coronavirus 2019 infected person and not having come into contact with his secretions.

2.2 Those within the same areas and meeting coronavirus 2019 infected persons at a range exceeding 1 meter or at a range of less than 1 meter but wearing a face mask, and not coming into contact with the persons' respiratory tract secretion or with the person's coughing or sneezing.

2.3 Those not having traveled from risk countries according to the Ministry of Public Health Department of Disease Control Notification within the last 14 days.

### **Self-protection courses of action for low risk contacts are as follows.**

1. For at least 14 days, please observe your symptoms and wear a face mask at all times if you need to come to university or come to work.
2. Please sanitize your hands regularly with alcohol gel or soap and water, particularly before and after touching the face, nose, eyes and mouth.
3. Please avoid going to areas with many people and avoid using public transportation.
4. Please refrain from sharing items such as drinking glasses, towels, spoons and forks with others.
5. Please measure your body temperature and observe yourself for 14 days.
6. If upon measuring body temperature and observing yourself, you find that you have fever (a body temperature of 37.5 degrees Celsius or more) or if you experience coughs, running nose, sore throat or shortness of breath, you may stop coming to classes or to work and do the following:
  - 6.1.1 Staff are requested to notify their agency's superior officer.
  - 6.1.2 Students are requested to notify their advisors or their faculty's student affairs division or Thammasat University.

7. If you experience symptoms in 6, you are requested to immediately see a doctor at the hospital nearest your residence and inform him of your risk history and symptoms.
8. If you wish to make inquiries, please contact Thammasat Hospital, tel. 02-926-9995 or the Thammasat Wellbeing Center, tel. 02-696-6600-2.

To most efficiently implement the above measures, we seek co-operation and strict compliance from agency administrators, advisors, students and all members of the Thammasat community. For further inquiries, please contact the Thammasat Wellbeing Center, tel. 02-696-6600-2.

Given on 16 March, 2020

(Prof. Dr. Orapan Poachanukoon)  
Chairperson of the Thammasat University Coronavirus 19  
Prevention and Control Task Force

1. Coronavirus 2019 Monitoring Form



2. Daily Report Form for Thammasat University Staff and Students

